

**26th Annual COURAGE Round Up - August 8, 9, 10, 2014**  
*For GAY, LESBIAN, BISEXUAL, TRANSGENDER, QUEER AND QUESTIONING persons  
in Alcoholics Anonymous and Al-Anon*

**“Day by Day the 12 Step Way”**

**Friday August 8, 2014**

- 5:00pm - Registration (doors open at 3:00pm)  
5:00pm - 7:30pm Gathering of the Community  
7:30pm - 7:45pm Welcome - Ron I. (Chair of Round Up)  
7:45pm - 8:45pm SPEAKER MEETING – Shaun B., Halifax  
8:45pm - 9:30pm Fellowship – and for those who wish to continue on after 9.30, a number of us will be going to a local venue

**Saturday August 9, 2014**

- 9:00am - 10:30am Gathering of the Community, Fellowship, Coffee  
10:30am - 11:30am Meeting for those who identify as male  
Meeting for those who identify as female  
Trans people may choose where they feel most comfortable
- 12:05pm - 1:30pm Luncheon (Cost included in Registration)
- 1:30pm - 2:30pm WORKSHOP CHOICES (workshop 3 is weather permitting!)  
(1) Step 4 – “Family of Origin” please bring a pen  
(2) Step 10 – discussion of experience  
(3) Step 11 – prayer and meditation discussion
- 2:45pm - 3:15pm Break
- 3:15pm - 4:15pm WORKSHOP CHOICES (workshop 6 is weather permitting!)  
(4) Step 4 – “Family of Origin” - please bring a pen  
(5) Step 10 – discussion of experience  
(6) Step 11 - prayer and meditation discussion
- 4:15pm - 5:30pm Free Time
- 5:45pm - 7:00pm Dinner @ Julien's, 5595 Fenwick St. (\$14.50 + tip pay @ restaurant)
- 7:45pm - 8:15pm Gathering of Community (Sobriety Countdown, Raffles, Prizes)  
8:15pm - 9:15pm SPEAKER MEETING - TBA  
9:15pm - 10:00pm Fellowship – and for those who wish to continue on after 10.00 a number of us will be going to a local venue

**Sunday August 10, 2014**

- 1:30pm - 2:00pm Gathering of the Community, Coffee  
2:00pm - 3:30pm Spiritual meeting and Closing  
3:30pm - 4:00pm Clean up

Contact: Phone Ron I. (902) 820 2541, e-mail: [courage449@yahoo.com](mailto:courage449@yahoo.com)

Website: [www.halifaxgayaaroundup.org](http://www.halifaxgayaaroundup.org) or Google “Courage Round Up, Halifax

The “Live and Let Live” Group meets every Monday at 8:00pm in the basement of St. Matthew's Church, Barrington Street. Use the south basement entrance on the side next to Government House.