

From: "Lynn Murphy" <malm1@ns.sympatico.ca>
Subject: [wayves-submissions] Fw: Revised Elderberries Newsletter - January 13, 2013
Date: 2013-01-16 (Wed) 08:29:59 AST
To: <malm1@ns.sympatico.ca>

1. Elderberries Potluck Social : Sunday January 27, 2:00 - 4:30

Will you be my (early) Valentine? Potluck social open to LGBT people aged 50+. Free. New participants welcome - you might find that you'd like to join. Please bring an appropriate Valentine food that you would enjoy sharing : something sweet (cookies, chocolate); something red (jellybeans, cranberry juice); something that encourages romantic feelings (oysters on the half shell?). Coffee and tea provided. Please remember, there are no cooking facilities, so finger food is the best option. There is no formal program, but we might have a round-table to share a humorous story from our romantic pasts (no sad break-up tales, please! and keep it moderately non-X-rated). Bring your cards - we could play Hearts!

No alcohol, no scents, no pets, no peanuts, please. Support dogs welcome.

Location : the Penthouse, 2615 Northwood Terrace, Halifax. Parking on the surrounding streets, or there is a pay-for-park location just across the street from the entrance.

2. Conversations for Connection : a relationship enhancement group for gay male couples. A series of twelve workshops running Saturday January 19 to April 13, 2013, 1:30 pm to 4:30 pm. If you are gay men over 18 years of age, you live together, and you have been a couple for at least two years, you may be eligible for a research study investigating the efficacy of the Hold Me Tight relationship enhancement groups, based on the book Hold Me Tight : Seven Conversations for a Lifetime of Love, by Dr Sue Johnson.

Workshops will be held at Saint Mary's University. For more information, please call Russell Westhaver at (902) 491-6278, or email Robert Allan at Robert.allan@smu.ca

3. Rainbow Refugees Update

The Rainbow Refugee Association of Nova Scotia is happy to report that they reached their fundraising goal of \$6,000.00 by the end of 2012, and hope soon to have an LGBT refugee living a new life in Nova Scotia. If you meant to donate but just didn't get around to it, it is not too late - a refugee unaccustomed to our charming climate will probably need a few extras in the way of wool socks, hot porridge packets, or gallons of heating oil. The Association is not set up to accept jerry cans of oil, but further financial donations may be sent by mail to Rainbow Refugee Association of Nova Scotia, c/o Corrie Melanson, 6041 Wells St, Halifax, N S, B3K 2M9; or by Interac e-mail money transfer to rainbowrefugee.ns@gmail.com

4. Happy Birthday, Larry Baxter - January 17. - From all the Elderberries.

5. Cloudburst - did you like it?

Just before Christmas, we all had the opportunity of seeing the Nova Scotia-made lesbian seniors road-trip movie, Cloudburst, right here on Spring Garden Road. Did you see it? Did you like it? Hate it? Comments? Ann Gorman saw it, and is looking for feedback from others. Please respond to agorman@eastlink.ca

6. LGBTQ Comedy

Tuesday January 22, 8:00 to 10:00 pm : Halifax Pride's Queer Acts Comedy Night at the CoHo. Story tellers, standup, smart alecks, and wisecrackers discuss their MOMMIE DEAREST. Last year's show was a sold out hit. Tickets at the door, \$10.00. Further details on Facebook.

Friday January 25, 8:00 pm. Funny F@%&#in' Fridayz Comedy Night at MenzandMollyz. Standup comedy, featuring headliner Andrew Bush. Admission \$5.00.

7. InterQ : InterMix and Meeting : Tuesday January 29, 6:00 to 8:00 pm. At Fred, 2606 Agricola. The Halifax LGBT Business Association presents a meet and greet, followed by a short business meeting to approve bylaws. The program will be a presentation on Wills and Estates by Cathering Watson and Jessica Lyle of McInnes Cooper Law.

8. Sexual Health Centre's Second Annual Sexy Party : Thursday January 31, 9:00 pm to 2:00 am. Pacifico, 1505 Barrington Street, Level B3. For more info, call 455-9556, or email miller@dal.ca Tickets \$10.00 : a fundraiser for Sexual Health Centre's not-for-profit facilities. For more about the Centre, see www.hshc.ca

9. **You are us! Us are you!** If you have received this newsletter, you are a member in good standing of Elderberries, a social group for LGBT people aged 50 plus.

Over the past two years, members have been successful in evading our frequent calls for participation in the Elderberries organizing committee. Why is that?

- a. there is no such thing as Elderberries, and this newsletter in reality goes out to a closed loop of five people
- b. I am not aged 50+, do not plan ever to be any older than 47, and thus will never be an elder of any kind
- d. I have gone to all the LGBT meetings I ever need to suffer through
- e. potlucks are a hassle. Brownies, brownies, brownies, every time.
- f. other : prize will be given for most creative reason for not getting involved
- g. you're kidding! I would love to be part of the organizing committee (please flag answer as High Priority)

No "c"? See, we could use a copy editor, for stwrtrs....