

# February Elderberries Newsletter

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Greetings members,

The month of February tends to be a month where most people miss one or more things about the Holidays. The tree is gone, the extra bills pile up, we make resolutions and egg-nog goes off the shelves. One thing that could cheer someone up is to attend our potluck social.

We will meet at Northwood Manor (2615 Northwood Terrace) on Sunday, February 12, 2017 from 2:00 pm to 4:30 pm. This free Potluck Social is open to all LGBTTQ people aged 50 and over and families, friends and supporters. It is a great way to meet people you know and meet other members and guests. Not a member? It's easy to join. There are no membership fees. Become a member of an active social group of GLBTTQ people. These meetings take place at the Penthouse. Press P on the elevator and when the doors open you are in the room.

For the Potluck, please bring something you would like to eat and share. Home-made and store bought items are welcome. Full kitchen facilities are not available, although there will be tables set up close to electrical outlets if you bring something that requires heating up. Please bring any utensils that your dish requires. If you do come to the Potluck please remember to bring an item or items that can be shared with the group. If you are wondering if you should bring a main dish or sweets, it is best to bring a main dish (example: casserole, plate of sandwiches etc.) we do seem to have more than enough sweets brought in so if you are wondering what to bring, go with a main dish. Please remember- no scents, peanut based foods, alcohol or garlic flavoring because of allergies. Pets are not welcome with the exception of service dogs. Northwood is a wheelchair accessible facility. There is paid parking directly across from the building.

January's potluck had to be cancelled due to the weather. The program- Being Gay and in the Military had to be postponed to a later date. We will publish the new date when it is finalized.

January's event took place on Sunday, January 15, 2017. The group gathered at Scotia Bank Auditorium at the Dalhousie Campus. There was a film viewed called "Paragraph 175". A docudrama about the Nazi persecution of homosexuals. It was presented by the Shaar Shalom Synagogue. The screening was followed by a panel discussion. The panel consisted of Dorota Glowacka, Garry Williams and Robin Metcalfe. The keynote speaker was Ken Settington.

This month's program – This month you will be an opportunity to share a favorite Valentines memory.

On Thursday February 16 – 19 2017 Fierté Canada Pride Inter Pride Region 7 will be holding the National Conference & Annual General Meeting. 8 pm- Welcoming Reception. This event will take place at the Marriott Halifax Waterfront.

At this time, I would like to introduce our members to a dear friend of mine, Velda.

She has a unique view of the world. This being the month of love, she would like to offer some of her thoughts on love and relationships.

We will feature her column occasionally. Members may send in requests for advice on various topics to the Editor ([hector151@hotmail.com](mailto:hector151@hotmail.com) )



**Video of the month:**

<http://www.newnownext.com/homosexuality-ted-talk-james-o-keefe/11/2016/>

**My Favorite recipe:**

Each month I would like to publish your favorite recipe. One recipe a month will be chosen for publication. Submit your favorite recipe to the Editor ([hector151@hotmail.com](mailto:hector151@hotmail.com)). The Elderberries cookbook is still available for \$10.00 and can be purchased from any of the board members.

On February 26, we will be launching our Gay Men's Book Club. The location for the kick-off is 2124 East Petpeswick Road, Musquodoboit Harbor at 1:00 p.m. Please rsvp if you are interested in joining. You can reach us at ([kv782915@gmail.com](mailto:kv782915@gmail.com)). The first meeting will be a social gathering with lunch provided. Our first book will be Amuse Bouche by Anthony Bidulka. We have 5 copies of the book to give out to the first 5 people to rsvp.



The Elderberries are a proud supporter of the Rainbow Refugee organization. If you want to know more about this program and how you can donate items to the Syrian refugees you can visit the link:

<http://www.thechronicleherald.ca/novascotia/1326864-drop-off-centre-set-up-in-halifax-to-help-syrian-refugees>