

Elderberries newsletter, January 12, 2012

1. January Potluck Social : Sunday, January 22, 2:00 to 5:00 pm
Spencer House Seniors Centre, 5596 Morris St, Halifax

PrideHealth is entering on a planning process for the next three to five years, beginning by consulting LGBT community organizations. Representatives of PrideHealth will be our guests at the Potluck, in order to consult with Elderberries re the real health needs and interests of LGBT seniors, and how prideHealth can make their programs as relevant as possible to our community. Besides our feedback on issues of concern, they will be asking how they can best provide ongoing feedback and accountability to LGBT seniors. This is our chance to bring up the health-related issues that are of most importance to us.

The discussion will be followed by our usual Potluck Social. Feel free to bring your aged 50+ friends who would like to be part of the discussion and social. Please bring food to share - something you would enjoy eating - perhaps a recipe from the noted Elderberries Recipes 2012 cookbook! Spencer House has a full kitchen, so main dishes as well as snacks and finger foods can be served. Coffee and tea provided. Elderberries membership is free, but we pass the hat for Spencer House expenses.

No alcohol, no scents, no pets, please. Service dogs are welcome.

Accessible entrance at the side, some parking at back. PLEASE NOTE : Potluck social is now on the *fourth* Sunday of the month. Yes, the 22nd is the fourth Sunday.

2. Other January events :

a. It Gets Better Video premiere : Friday January 20, 12:00 noon
O E Smith Auditorium, IWK Health Centre. See the poster at <http://twitpic.com/85b1w2>

b. Queer Acts Comedy Night : Tuesday January 24
The Company House, 2202 Gottingen St, Halifax

c. Cards : Some members are interested in playing cards. Spencer House Seniors Centre, 5596 Morris St, has scheduled card socials for January 19 and 26 at 1:00 pm; and bridge on January 20 and 27 at 1:00 pm. These are not LGBT events, but who knows whom you might meet? Annual membership to Spencer House is \$15.00. For more information, call 421-6131.

3. Events listings :

gay.hfxns.org/LocalEvents
www.thecompanyhouse.ca

4. Ritual excuse for typos : Your editor has been reading the final volume of Jean Auel's Children of Earth series, set in prehistoric times, long before spelling was invented. Who can think of spelling while launching a spear during a hunt for the woolly mammoth?