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To: malm1@ns.sympatico.ca
Fw: Elderberries newsletter, April 22, 2013

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1. Elderberries : Sunday April 28, Potluck Social, 2:00 pm

Free monthly event for LGBT people aged 50+. Location : the Penthouse, Northwood, 2615 Northwood Terrace. Wheelchair accessible. Parking is often available in the surrounding streets, or there is paid parking in a lot just across from the entrance. Please - no scents, no peanuts, no alcohol, no pets. Service dogs welcome.

Program for April 28 : Alzheimers is the ghost that haunts us when we fail to find the word that was on the tip of our tongue just now, or can't remember where we left our keys. "Senior moment!" we laugh it off, but in the back of our minds as we age is that scary word, "alzheimers." But what do we really know about the early symptoms of the disease, the abilities alzheimers patients may still retain, the new treatments that can delay the full onset? Kathryn Hominik and Wenda MacDonald will speak on Alzheimers Disease, with plenty of time to answer your questions afterwards.

For the potluck, please bring something you would enjoy eating and sharing. Homemade or storebought both welcome. Coffee and tea provided. There are no kitchen facilities, so finger food or cold dishes are the best choice. Please bring any serving utensils needed - salad tongs, knives for cutting cakes, etc.

2. "Well, I could do better than that!"

If you can plan a better program, edit a better newsletter, design a better website, attract more members to Elderberries, represent LGBT elders on community projects - we'd love to hear from you. Not later, now! Elderberries organizers are eager to involve more members in the coordinating committee and in our other projects. Please respond to malm1@ns.sympatico.ca or elderberries.scotia2@gmail.com

3. Other events :

Wednesday, 24 April, 9:00 pm : Pre-Bluenose Bonspiel Social @ Garrison Brewery. Cost : \$15.00 per person (receive five beer at the brewery).

Thursday 25 April to Sunday 28 April : Canadian Gay National Curling Championships. For details, see <http://www.bluenosebonspiel.ca/schedule>

Thursday, 16 May, 6:00 pm : Rally at the Grand Parade, for the International Day against Homophobia and Transphobia. Please note : this is a change from the originally announced day of May 17. For more information, call Chris Aucoin at 423-6999, or e-mail nsrap@nsrap.ca

4. Message from the Editor :

If you have received this newsletter, you are a member in good standing of Elderberries, a social organization of LGBT persons aged 50+.

If you wish to resign from Elderberries, or to get off our email list (why? are our dues too high? is our newsletter too boring? have you found the fountain of youth?), please send a message to malm1@ns.sympatico.ca or to elderberries.scotia2@gmail.com

All information in this newsletter is unimpeachably correct and impeccably spelled. Impeccably. Impeccably. Oh, you know what I mean. In keeping with my usual practice. Practise. Practice., I am assigning blame for any problems to the inspiration provided by CNN's coverage of the search for the Boston Marathon Bombing suspects, which at one point involved a "canine dog." Doggedly pursuing the search for ever more active Elderberries, I remain, your faithful Editor.