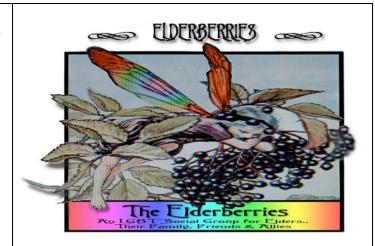
### Elderberries Newsletter

December 1, 2018

#### Contents - what a doozie this month!

- 1. This month's event
- Another December Event
- 3. Last Month's Event
- 4. Wanted: Phone Volunteer
- 5. Re-Imagining Long Term Care
- 6. Wanted: Editor for Lesbian Biographies
- 7. Emile Theriault Award
- 8. About The Elderberries



#### 1 - This Month's Event

Where: The Penthouse, 2615 Northwood Terrace Halifax (directions below.)

When: December 9th -- 2:00 pm to 4:30 pm
Topic: Christmas Social & White Elephant Gift
Exchange! Wrap something you have
around the house that you don't want.
We'll explain the rules for the Exchange
Game once you're here.

Food: There'll be tea and light refreshments waiting for you. If you'd like to bring something to share, please do. It doesn't have to be fancy or expensive.

Directions: enter Northwood via the door at North Street & Northwood Terrace. Take any of the three elevators on your left to "P" the Penthouse. We have that whole space for the afternoon.



## 2 -- CARP Annual Holiday Social

As you've read, the Elderberries is establishing a relationship with the Canadian Association of Retired Persons. CARP has very graciously invited us to their Holiday Social. Free parking, no charge to attend, light refreshments, cash bar. There'll be a Presentation from Dr. Shelly McNeil from Infectious Diseases at Dal, an update on CARP provincial and national advocacy efforts and a time to chat with



CARP NS members and to meet the CARP NS Leadership.

Where: Commons Room of the Atlantica Hotel corner Robie and Quinpool Streets

When: Wednesday, December 12, 4:30 - 6:30pm

RSVP To register call 902-495-8284 or e-mail

vangorder@CARP.ca Leave your name,
phone number and number attending. You'll
only get called if the event is overbooked.

#### 3 -- Last Month's Event

This was one of our more moving sessions. Patricia, Kirby and Barend spoke. Patricia gave a stirring reading from her memoirs of the heroism shown during a tragic explosion at a shipyard in Bombay India, in World War II. She ended with a symbolic toast to the brave souls who lost their lives helping others.

Kirby spoke of family members who had served and the adventures and trauma they had to deal with. He showed photos of some of them.

Barend told of how his parents, from opposite ends of Europe, met in a guarded industrial complex outside of Berlin. They had harrowing experiences dealing with the Nazis and the Soviets. The toll it took on his family even decades later. He shared some photocopies to show, that related to their story.



## 4 -- Wanted: Volunteer for Regular Boring Job

From: Acting Chair Dan

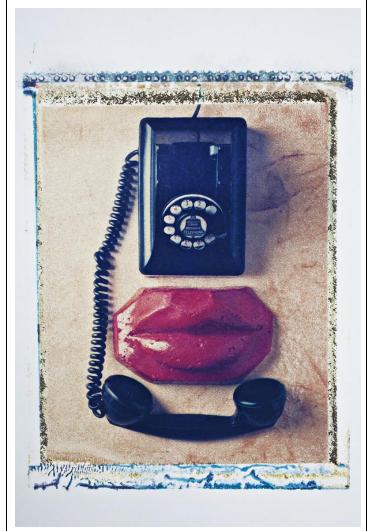
Hello Cherished Elderberry! We need someone to fill a currently unattended volunteer job.

We have several members who don't have Internet access or don't have it reliably. We'd like them to feel welcome at our events.

So the job is, early every month, to phone and give them the meeting particulars.

At the moment, there are ten people on the phone list, but I expect that to decrease by a few once we actually start doing it.

If you can commit to making ten phone calls near the beginning of the month, please write back.



## 5 -- Reimagining Long-term Residential Care

By Richard Crooks, September 19, 2018

On the evening of Monday, September 17, 2018, several Elderberries attended a presentation and discussion at the Central Library in Halifax. Hosted and moderated by Christine Saulnier of the Nova Scotia branch of the Canadian Centre for Policy Alternatives, the session was entitled "Reimagining Long-term Residential Care."

Three speakers presented their findings from a study got responses from three members of the local NS health community.

The study looked at care models and stresses



Negotiating Tensions in Long-Term Residential Care Ideas Worth Sharing on the healthcare system, in particular when it comes to care for the elderly in long term care facilities. It focussed on staffing and the problems in the care management structure.

Their study and findings can be found at the following link:

https://www.policyalternatives.ca/publications/reports/negotiating-tensions-long-term-residential-care

## 6 -- Wanted: Editor for Lesbian Biographies

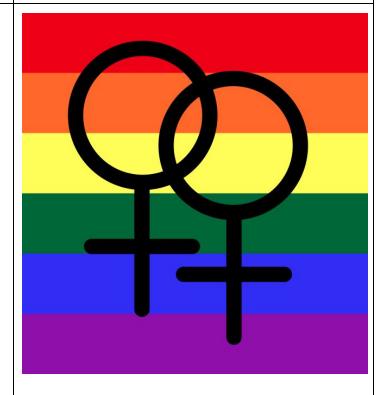
From: Daniel MacKay, publisher, Halifax Rainbow Encyclopedia

The Halifax Rainbow Encyclopedia is missing biographies for several women who were involved early-on with the community.

Like the rest of the Encyclopedia, editing these biographies is a volunteer project. You can assume that each biography will take two or three hours spread over several weeks. There's no deadline, but we can create one if you need one.

If you enjoy doing a little research and encouraging women to tell their stories, please email daniel@bonmot.ca.

Along the same lines, if you can do oral history, there are several that need to be done for women in our community. There is funding for a stipend for these; same contact.



### 7 - Emile Theriault Award

From: Daniel MacKay

A couple of weeks ago, a librarian friend from Cape Breton was showing off his new award, and I was delighted to see it's named after Emile Theriault, who many of you fondly remember from the Elderberry's previous incarnation, the Over 30s.

The Nova Scotia Library Association's website says: The Emile Theriault Library and Information Technology Award, established in 2006, recognizes the efforts of a library support staff member who has made a major contribution to their library community. Emile Theriault was the first library support staff worker who served as president of Nova Scotia Libraries Association.



#### 8 -- About The Elderberries

The Elderberries is the social, educational, and activism group for LGBT Elders in Atlantic Canada.

- To join the Society and the mailing list, send an email to elderberries.scotia2@gmail.com
- To be notified of Elderberries Events via Meetup, join the Meetup group, "Halifax-45-LGBTQ-Commingle-group" or click http://meetu.ps/c/3Xqzj/BWpGw/d
- We have a Facebook group too! Join the Facebook group, "NSElderberries"

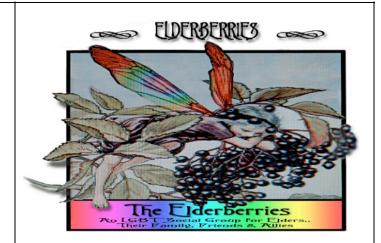
To be removed from this mailing list, just <Reply> with the word "Unsubscribe"



# Elderberries Supplement December 6, 2018

#### Contents

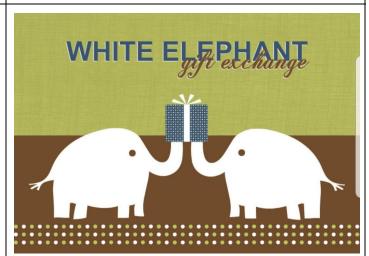
- 1. No Peanuts Please
- 2. Dan's Xmas Party
- 3. Wanted: Queer Woman For Film Research



### 1 - Sunday: No Peanuts Please

Addendum: Please, no peanuts or peanut products. Some members who have extreme peanut allergies are planning to attend. Thank you!

Don't forget your White Elephant Gift for this month's event! Wrap something you have around the house that you don't want. We'll explain the rules for the White Elephant Exchange Game once you're here.



### 2 -- Dan's Xmas Party

Elderberries are invited to Dan MacKay's Pot Luck Christmas Party the night before too!

8PM to 1AM, Saturday, December 9th BYOB and Pot Luck: bring something you like to make and eat. (If you can't decide, we usually have an abundance of sweets, so bring something savoury.)

Plan to eat around 9PM. Sing carols, visit with old friends, make some new friends, eat, drink, and be Mary! Christmas punch, mulled wine and roast turkey will be ready when you get there! If you don't know the address, email daniel@bonmot.ca

### 3 -- Wanted: Queer Woman

From: Amy Trefry

Hello.

I am writing to inquire about the possibility of speaking with someone (or multiple folks) on their experiences of being queer, female identifying folks who are dating in their senior years. I am a film maker in Halifax and am currently writing a project that is being supported by Telefilm about women's sexual health and the intersection with the western medical system.

One of our characters is a 73 year old widowed cis-gender queer woman who has started to date and has met a new partner who has unfortunately and unknowingly given her and STI. She has to face the prospect of speaking with a much younger, female doctor who has her own preconceived notions about older people and the gay community.

My hope would be to speak to someone who has had some aspect of this character as a lived experience themselves. I am happy to send you any additional information that I can about the production. The interviews are very casual, not recorded and kept entirely confidential. They are used only as an opportunity to learn, brainstorm, and go towards building more authentic voices for the characters.

Please let me know if there is anyone that would be interested in our project.

Thank you very much for your time and consideration, I look forward to hearing from you.

Absolutely there is lunch included :-) (and an honorarium if that makes a difference as well!)

Cheers, Amy 782 234 6188 < amyjtrefry@gmail.com >

