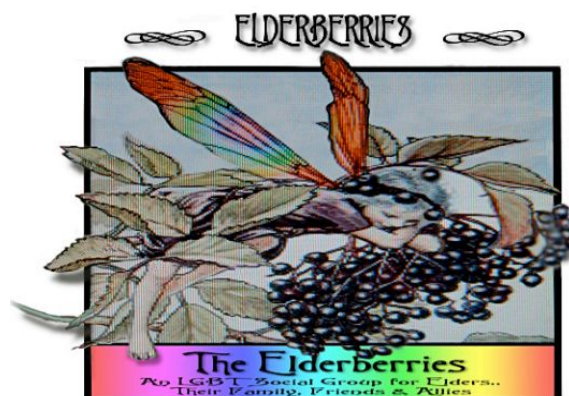


Celebrating 10 Years of Elderberries - 2010 - 2020

April 2020 Newsletter

1. Salons on Hold for now
2. Last month's salon
3. Your history / autobiography / archives!
4. Members Notices
5. Elderberries Mugs for Sale
6. Upcoming LGBTQ Events
7. Our Allergy Policy
8. About the Elderberries



1– Salons Postponed for Now

What: No meetings for a while

Where: The Penthouse, Northwood Centre, 2615 Northwood Terrace, Halifax (directions below)

When: When meeting restrictions are lifted

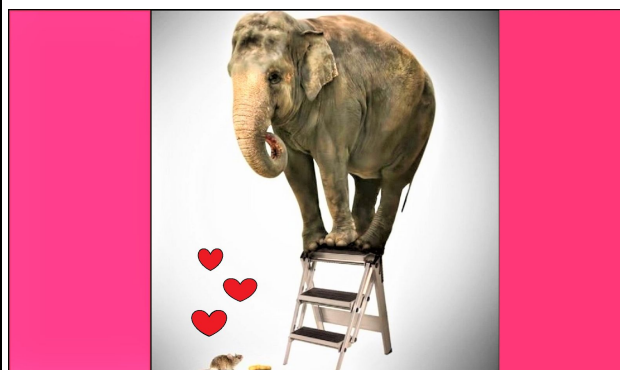
Northwood is closed to all visitors. We will let you know about plans for future Second Sunday Salons, after the need to self isolate has lifted.

Directions: Enter Northwood via the door at North Street & Northwood Terrace. Take any of the three elevators on your left to “P” the Penthouse. We have that whole space for the afternoon.



2 – March's Salon

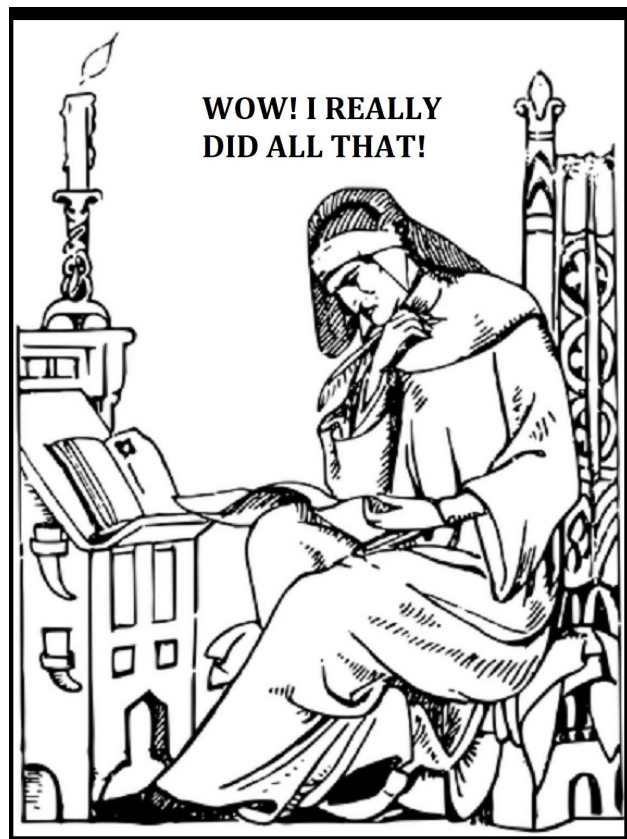
Participants opened up about fears they had or do have. Some stem from childhood experiences. Or were typical (ie. fear of spiders or the dark.) Others defied explanation and might sound comical to others. It was a surprisingly animated discussion.



3 – Isolation Time History Work!

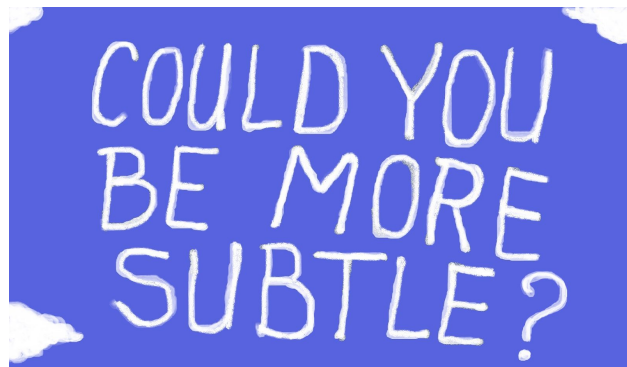
FROM: Dan MacKay, Provincial Queer Archivist

This is a great time to launch, or to continue working on your personal history! If you'd like to write your story, long or short, and want some coaching or talk about the publishing process, OR set up downsizing your archival materials to the Provincial Queer Archives, email me at daniel@bonmot.ca



4 --Members' Notices

If you have an announcement about a birth, a Graduation, moving, wedding, of you, your partner, kids, your grandkids etc, just <Reply> with them, or send them to AtlanticCanadaElderberries@gmail.com



5– Elderberries Mugs For You!

Need a cozy gift? Elderberries mugs are perfect.

On the back is the grey pride ribbon and the words: We are old. We are tired. We can get away with things. So... don't piss us off!

The price is \$15.00; you can get one at our events or we can mail one to you.



6 – Upcoming LGBT Events

LGBT Halifax 45+ [meetup.com](https://www.meetup.com) group

Find your tribe of like minded spirits. There are various interest groups meeting at different times. Once you're on [meetup.com](https://www.meetup.com), look for Halifax-45-LGBTQ-Commingle-group

You can find all local LGBT Events in one place! Check out: <http://gay.hfxns.org/LocalEvents> or google “gay halifax local events”



7 – Allergy Policy

If you have allergies – to dogs, cats, cell phone signals, peanuts, tree nuts, pineapple, shellfish, pork products, perfume, mustard, anything – and plan to attend an Elderberries event, please tell us. We'll notify our members a few days before the meeting.

We can't guarantee an allergen-free experience on the way to, or at our venue, but generally our members will read and heed. If you're sharing food, let everyone know what's in it. If you're not sure, say so. Everyone, always, however, appreciates a no-scent policy. Hint.



Avoid doing harm.
Be aware of others' allergies!

8– About The Elderberries

The Elderberries is the social, educational, and activism group for LGBT Elders in Atlantic Canada. • To join the Society and the mailing list, send an email to AtlanticCanadaElderberries@gmail.com • To be notified of Elderberries Events via Meetup, join the Meetup group, “Halifax-45-LGBTQ-Commingle-group” [or click here](#) • We have a Facebook group too! Join the Facebookgroup, “NSElderberries” • We have Elderberries mugs and cookbooks for sale. If you’re interested, please email us at the address above. • To be removed from this mailing list, just <Reply> with the word “Unsubscribe”.

