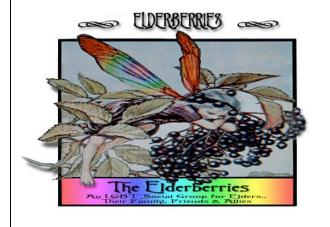
# Celebrating 10 Years of Elderberries - 2010 - 2020 May 2020 Newsletter

- 1. Salons Moved to "Zoom" for now
- 2. Last month's online Salon
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### 1-Salons Moved to "Zoom" for now

**Our Second Sunday Salons** will be held on line for now. We've had one dry run and two actual meetings which have been reasonably well attended and people had fun and caught up. The next meeting will be:

#### Sunday, May 10, 2020, 2:00pm - 4:00pm

You can participate if you have a computer with a microphone or a camera, or you can participate by phone. Check your email before the time above; we'll be sending out a reminder with directions and our topic for the day.



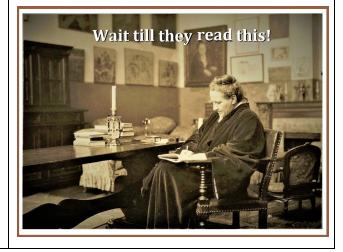
2 -- April 12th 2nd Sunday Online Salon Dan MacKay hosted an Elderberries Zoom salon. Members were sent a link to click on, via email. The topics were: How are you handling self isolation? How are you getting groceries? What is your go-to comfort food? How are you spending your time?



We had participants from within Halifax, around Nova Scotia and one from Costa Rica. People came and went as they liked, and some listened in as they attended to tasks at home.

# 3 – Isolation Time History Work!

FROM: Dan MacKay, Provincial Queer Archivist This is a great time to launch, or to continue working on your personal history! If you'd like to write your story, long or short, and want some coaching or talk about the publishing process, OR set up downsizing your archival materials to the Provincial Queer Archives, email me at daniel@bonmot.ca



### 4 -- Members' Notices

If you have an announcement about a birth, a Graduation, moving, wedding, of you, your partner, kids, your grandkids etc, just <Reply> with them, or send them to <u>AtlanticCanadaElderberries@gmail.com</u>



No Christians were harmed in the baking of this cake.

#### 5- Elderberries Mugs For You!

Need a cozy gift? Elderberries mugs are perfect.

On the back is the grey pride ribbon and the words: We are old. We are tired. We can get away with things. So... don't piss us off!

The price is \$15.00; you can get one at our events or we can mail one to you.



# 6 – Upcoming LGBT Events

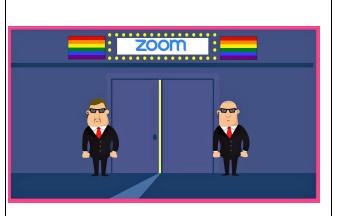
LGBT Halifax 45+<u>meetup.com</u> group Find your tribe of like minded spirits. There are various interest groups meeting at different times. Once you're on <u>meetup.com</u>, look for Halifax 45 LGBTO Commingle group

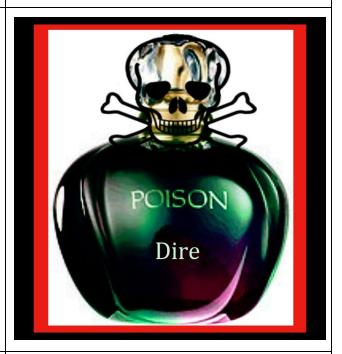
Halifax-45-LGBTQ-Commingle-group

You can find all local LGBT Events in one place! Check out: <u>http://gay.hfxns.org/LocalEvents</u> or google "gay halifax local events"

### 7 – Allergy Policy

If you have allergies – to dogs, cats, cell phone signals, peanuts, tree nuts, pineapple, shellfish, pork products, perfume, mustard, anything – and plan to attend an Elderberries event, please tell us. We'll notify our members a few days before the meeting. We can't guarantee an allergen-free experience on the way to, or at our venue, but generally our members will read and heed. If you're sharing food, let everyone know what's in it. If you're not sure, say so. Everyone, always, however, appreciates a no-scent policy. Hint.





#### 8- About The Elderberries

The Elderberries is the social, educational, and activism group for LGBT Elders in Atlantic Canada. • To join the Society and the mailing list, send an email to <u>AtlanticCanadaElderberries@gmail.com</u> • To be notified of Elderberries Events via Meetup, join the Meetup group, "Halifax-45-LGBTQ-Commingle-group" or click here • We have a Facebook group too! Join the Facebookgroup, "NSElderberries" • We have Elderberries mugs and cookbooks for sale. If you're interested, please email us at the address above. • To be removed from this mailing list, just <Reply> with the word "Unsubscribe".

#### love does no harm to a neighbor.







social distancing saves lives.