

From: Daniel MacKay daniel@bonmot.ca
 Subject: Fwd: [elderberries-all] Your February 2021 Newsletter
 Date: March 2, 2021 at 08:28
 To:

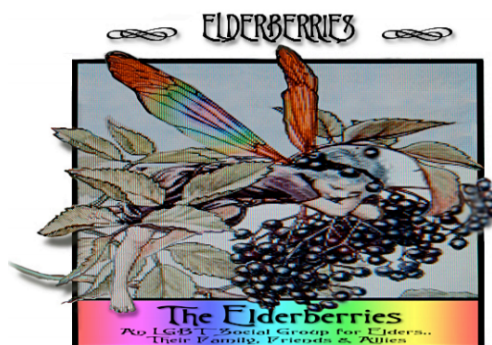


Greetings cherished Elderberries

Well, January's over. The year is on the march. I hope you're hanging in there. Someday these lockdowns will be a distant memory. Stay as connected to good energy as you can. I hope our newsletter will give you some options and resources of helpful information.
 Barend, the Editor

February 2021 Newsletter

1. February's Zoom Salon
2. January's Zoom Salon
3. We Need Just A Little \$\$
4. Helping With Local Q History
5. Members Notices
6. Elderberries Mugs for Sale
7. Upcoming LGBTQ Events
8. About the Elderberries



1 — February's Salon

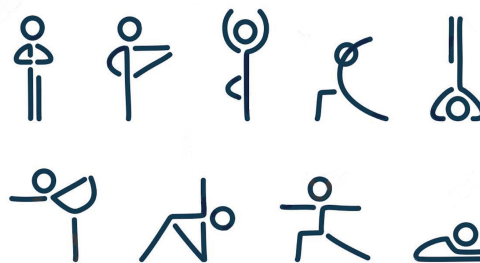
Zoom Sunday, February 14th 2:00pm - 4:00pm

Our topics and who is moderator will be announced in the reminder email. That email should contain your Zoom link so you can join in. There may be a second zoom salon on the 28th; we'll send a reminder out if so, with potential topics.



2 — January's Zoom Chat

On the 10th we discussed serious End of



Life issues. we had a dearth don't join us and discuss her experiences and observations. Everybody needs: a will, a living will (including a displayed D.N.R.) and a person who is willing to wield Power of Attorney in case of incapacity and death. Some resources you can check out are:

<https://deathmatters.ca/> and [/www.facebook.com/deathcafe](https://www.facebook.com/deathcafe) and www.facebook.com/CanadianVirtualHospice

The topic for the 24th was “What practices do you have to maintain your physical and psychological health?” But conversation ranged widely.



3 — Fund Raiser For Us

Elderberries needs just a bit of cash to keep the lights on; we can do this if a bunch of members donate just a bit. [You can either click here to donate with a credit or debit card](#), or send a cash or a cheque to: Elderberries / 3247 Union Street / Halifax, NS / B3K 5H2. Thank you, thank you.



4 — Isolation Time History Work!

FROM: Dan MacKay, Provincial Queer Archivist

This is a great time to launch, or to continue working on your personal history! If you'd like to write your story, long or short, and want some coaching or talk about the publishing process, OR set up downsizing your archival materials to the Provincial Queer Archives, email me at daniel.mackay@dal.ca.



5 — Members' Notices

Broadcast your news. If you have an announcement about a birth, a Graduation, moving, wedding, of you, your partner, kids, your grandkids etc, just <Reply> with them, or send them to



AtlanticCanadaElderberries@gmail.com



6 — Elderberries Mugs For You!

Need a cozy gift? Elderberries mugs are perfect.

On the back is the grey pride ribbon and the words: We are old. We are tired. We can get away with things. So... don't piss us off! The price is \$15.00; you can get one at our events or we can mail one to you.



7 – Upcoming LGBT Events

You can find all local LGBT Events in one place! Check out: _

<http://gay.hfxns.org/LocalEvents> or google “gay halifax local events”



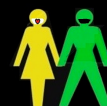
8 – About The Elderberries

The Elderberries is the social, educational, and activism group for LGBT Elders in Atlantic Canada. To join the Society and the mailing list, send an email to

AtlanticCanadaElderberries@gmail.com •

We have a Facebook group too! Join the Facebookgroup, “NSElderberries” • We have Elderberries mugs and cookbooks for sale. If you’re interested, please email us at the address above • To be removed from this mailing list, just <Reply> with the word “Unsubscribe”.

love does no harm to a neighbor.



social distancing saves lives.