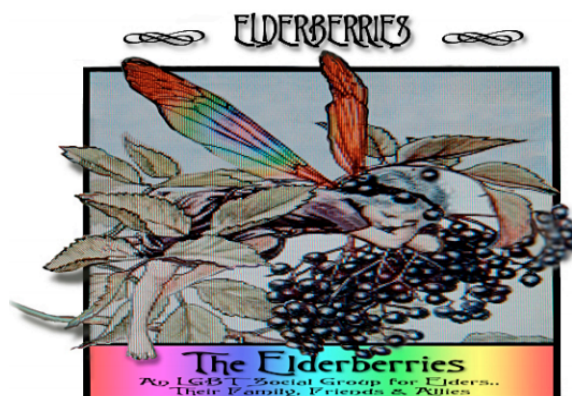


Celebrating 11 Years of Elderberries - 2010 - 2021
November 2021 Newsletter

1. Upcoming Salon(s)
2. October's Salon
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5. Helping With Local Q History
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1 Upcoming Salons

Your Board is currently discussing whether we should resume in-person meetings or not. We'll let you know as soon as we decide.

Sunday, November 14th, 2:00pm: Round Table Discussion: tell us about one delightfully eccentric person in your life. [Here are some tips on being eccentric yourself.](#)

Sunday, November 28th, 2:00pm: we'll email you a few days before, if there's an event on this day

Sunday, December 12, 2:00pm: Christmas Party & White Elephant Gift Exchange. This will be an in-person event, location to be determined. Start planning what you'll bring for a White Elephant gift!



2 — Last Month's Salon

Elderberries Point Pleasant Park was called off due to bad weather. Alas the best laid plans....



3 — Talk to MSVU Students

On October 6, three members of the Speaker's Bureau, Mike Sangster, Allison Brewer, and Dan MacKay, talked to Elizabeth Haggart's Gerontology Class at MSVU.

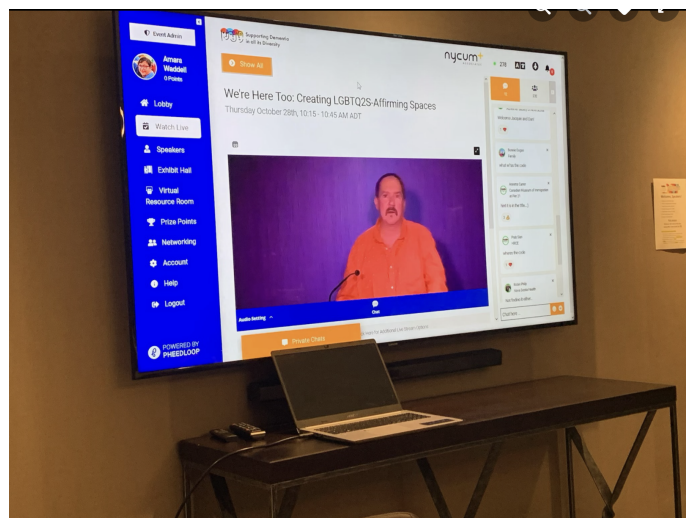
Questions included: What is your favorite recreational activity? • Do you miss work (paid employment)? • Is polyamory common in the older Q community? • What barriers does the older Q community face when organizing/developing events? • What do you dislike about aging? What do you like most about aging? • What makes you happy?



4 — Talk to Doctors & Nurses

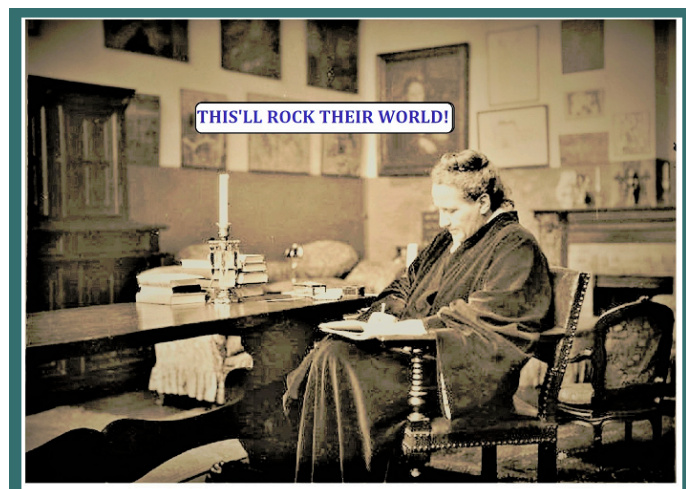
During the week of October 17, we asked Elderberries members what message they'd like to send to Nova Scotia doctors and nurses who were focussing on Alzheimer Disease. On the 28th, Dan presented those to the NS Alzheimer Society Annual General Meeting, as part of Dr Jacqui Gahagan's talk, and as part of this year's theme, "Diversity."

Key phrases from the responses that relate to Q specific interests: I may not be comfortable talking about my sexuality, but it's important • "Don't make an assumption about my partner's gender • A concern about mentally reverting back to before I was out of the closet • don't assume straightness • distinction between the treatment of str8 and gay inappropriate behaviour in patients experiencing dementia • three people mentioned wanting to have their chosen family, not their biological family, involved with their health care.



5 Isolation Time History Work!

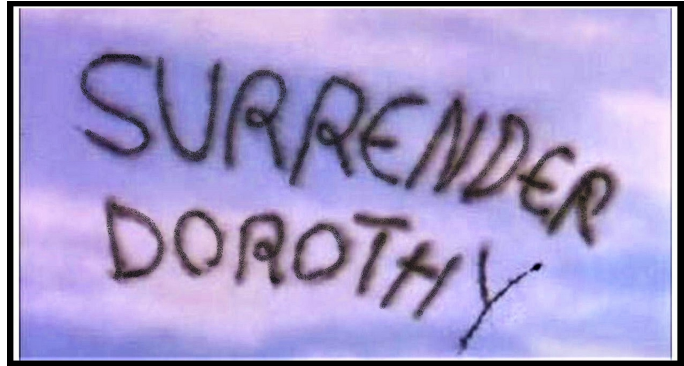
FROM: Dan MacKay, Provincial Queer Archivist
This is a great time to launch, or to continue working on your personal history! If you'd like to write your story, long or short, and want some coaching or talk about the publishing process, OR set up downsizing your archival materials to the Provincial Queer Archives, email me at daniel.mackay@dal.ca.



6 — Members' Notices

Broadcast your news! If you have an announcement about a birth, a Graduation, moving, wedding, of you, your partner, kids, your grandkids etc, just <Reply> with them, or send them to

AtlanticCanadaElderberries@gmail.com



7 — Elderberries Mugs For You!

Need a cozy gift? Elderberries mugs are perfect.

On the back is the grey pride ribbon and the words: We are old. We are tired. We can get away with things. So... don't piss us off!

The price is \$15.00; you can get one at our events or we can mail one to you.



8– Upcoming LGBT Events

You can find all local LGBT Events in one place!
Check out: <http://gay.hfxns.org/LocalEvents> or google
“gay halifax local events”



9 – About The Elderberries

The Elderberries is the social, educational, and activism group for LGBT Elders in Atlantic Canada. To join the Society and the mailing list, send an email to AtlanticCanadaElderberries@gmail.com • We have a Facebook group too! Join the Facebookgroup, “NSElderberries” • We have Elderberries mugs for sale; if you’re interested, please email us at the address above • To be removed from this mailing list, just <Reply> with the word “Unsubscribe”.

