

*Celebrating 14 Years of Elderberries - 2010 - 2024*  
**November 2024 Newsletter**

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## 1. November Second Sunday Salon

**When:** Sunday November 10th 1 PM - 3 PM

**Where:** Northwood Halifax Campus, Adult Day Space, 2630 Gottingen St

**Particulars:** Free discussion about family or friends' wartime experience. Tea, coffee and some snacks provided. Bring food you like and some to share.



## 2. November THIRD Sunday Salon

**When:** Sunday November 17, 1PM - 3PM

**Where:** Northwood Halifax Campus, Adult Day Space, 2630 Gottingen St

**Particulars:** Talk: **Pharmacy 101 for 2SLGBTQ+ seniors**

Those rattling plastic pill bottles are increasingly part of our lives as we age, but are we really aware of what modern pharmacists are offering us?



Kyle Wilby, Director of the College of Pharmacy at Dalhousie University, will speak at the Elderberries Salon on Sunday, November 17.

He will explain how pharmacists can now offer many services tailored to 2SLGBTQ+ people in the province, including in the new primary health care clinics.

Research conducted in Nova Scotia is looking at how to make pharmacies inclusive and affirming places for 2SLGBTQ+ clients, and participants can find out some of the actions recently initiated to support our community.

Professor Wilby will also address the new 2SLGBTQ+ curriculum that he has implemented in the Pharmacy program at Dalhousie.

Questions are welcomed – bring your personal stories of interacting with the world of Nova Scotia pharmacy.

The presentation will be at the Adult Day Space, Northwood Campus, 2630 Gottingen Street, Halifax. Please note this Salon will be on the third Sunday in November, that is November 17, from 1:00 to 2:45 pm.

The Salon welcomes potluck refreshments, whether homemade or store bought. Please bring any serving utensils your food requires. Coffee will be provided.

### 3. Dan: Senior Pride Network Canada Board

The Senior Pride Network Canada is a new national non-profit organisation, to bring together, advocate for, and advance the interests of older, senior and elder 2SLGBTQI+ (2-Spirited, Lesbian, Gay, Bisexual, Trans, Queer, Questioning, Intersex and others) people across Canada. Longtime Elderberries board member Dan MacKay is on the inaugural board.

[More information about SPNC is here.](#)



#### 4. Video & Text of Lisa Lachance's speech

On September 18, Nova Scotia MLA Lisa Lachance recognized the Elderberries celebration of Raymond Taavel's life earlier this year, in the Legislature. The text and video are available [here in the Halifax Rainbow Encyclopedia](https://gay.hfxns.org/2024-09-18_LisaLachance_Elderberries_RaymondTaavel)

[https://gay.hfxns.org/2024-09-18\\_LisaLachance\\_Elderberries\\_RaymondTaavel](https://gay.hfxns.org/2024-09-18_LisaLachance_Elderberries_RaymondTaavel)



#### 5. "Community Links" renamed

The Elderberries is one of seventy or so members of an umbrella organisation which is all about elders' health and wellbeing in Nova Scotia. The organisation was formed in 1992 and now has about eighty members all over Nova Scotia. For all that time it's been known as "Community Links."

On October 23, Dan MacKay attended a specially called meeting where it was renamed to "Aging Well Nova Scotia."

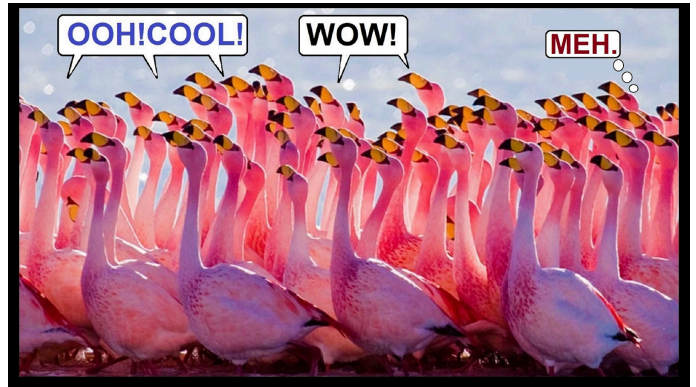


## 6. Upcoming LGBT Events

You can find all local LGBT Events in one place at:

<https://gay.hfxns.org/LocalEvents>

Or google “gay halifax events”



## 7. Members Notices

Broadcast your news! If you have an announcement about a birth, a Graduation, moving, wedding, of you, your partner, kids, your grandkids etc, just <Reply> with them, or send them to

[AtlanticCanadaElderberries@gmail.com](mailto:AtlanticCanadaElderberries@gmail.com)





## 8. Elderberries Mugs For You!

Need a cosy gift? Elderberries mugs are perfect.

On the back is the grey pride ribbon and the words:  
We are old. We are tired. We can get away with  
things. So... don't piss us off!

The price is \$15.00; you can get one at our events or  
we can mail one to you.



## 9. About The Elderberries

The Elderberries is the social, educational, and  
activism group for LGBT Elders in Atlantic Canada.  
To join the Society and the mailing list, send an email  
to [AtlanticCanadaElderberries@gmail.com](mailto:AtlanticCanadaElderberries@gmail.com) • We  
have a Facebook group too! Join the Facebook Group,  
“NSElderberries” • To be removed from this mailing  
list, just <Reply> with the word “Unsubscribe”.

