# Celebrating 15 Years of Elderberries - 2010 - 2025

# March 2025 Newsletter

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## 1. March 9: AGM + Author Reading

When: Sunday, March 9, 1:00pm

Where: 2630 Gottingen St (Northwood)

As a registered society in Nova Scotia, we must hold an Annual General (that is, with all the members invited) Meeting, and elections.

After the brief AGM, Annapolis Valley playwright, film writer and actor Katerina Bakolias will be our guest, reading and in conversation.



#### 2. Zoom! Zoom!

Urgent! Can you point a camera around for a couple hours? We need you! Our regular Zoom tech (Dan MacKay) will be busy with other stuff during the Elderberries Annual General Meeting on Sunday March 9: set-up at 12:30, meeting and author reading 1:00 to 3:30. Elderberries members unable to attend in person are depending on Zoom to bring them the Board election and the guest author event.

If you are able to watch the Zoom feed during this time slot, Elderberries urgently needs your volunteer



assistance. Please e-mail Barend Kamperman <a href="mailto:charolais697@gmail.com">charolais697@gmail.com</a>. Thank you!

#### 3. March 23 Salon

When: Sunday, March 23, 1:00pm

Where: 2630 Gottingen St (Northwood)

The Particulars: Volunteers from a team coordinated by the Halifax Regional Police will talk about, teach practical skills, and answer questions about online safety, fraud, and scam prevention. (yes, this is the workshop that got cancelled last month.)

The HRP Seniors' Home Safety Program shares informative presentations on topics like general safety, fraud prevention and scam awareness.

This will be a potluck event. Please bring something to eat or drink and share.



## 4. March 31 Seniors Safety Focus Group

Yes, a free lunch! The Halifax Regional Municipality is working with the Canadian Centre for Safer Communities to better understand what helps 2SLGBTQIA+ Seniors feel safe and supported, and where there needs to be more work. HRM wants to ensure that its services—like transit, libraries, community programs, emergency response, and public spaces—are meeting the needs of our community. The meeting will be held Mar 31st, 10am-11:30am at the Central Library. There'll be catering. If you are interested in attending, please email Hayley at <a href="https://hayley@ccfsc-cccs.ca">hayley@ccfsc-cccs.ca</a> by March 21.



#### 5. Last Month's Salon

Olivia Kerr and Hanley Smith explained to us what HEAL NOVA SCOTIA (formerly the AIDS Coalition) has a new online tool for deciding which Possible STDs you can be tested for and how to talk to your doctor or health care practitioner. There's a Wayves Magazine article about it here.

They presented us with gift bags with pertinent information and HIV self test kits.



#### 6. NSRAP Reboot

NSRAP is defunct. <u>Here is the Wayves Magazine</u> article about it.

The Elderberries will be organizing a Special General Meeting of NSRAP in the next couple of months to reboot the organization and decide where it should go. We'll be answering questions about this project at the Elderberries Salon / AGM on March 9th.

To do this, we need people who were NSRAP members or attended meetings to attend the Special General Meeting. If you were associated with NSRAP and can help with the reboot, please register with the Elderberries at

<u>AtlanticCanadaElderberries@gmail.com</u> . We'll let you know when the Special General Meeting is scheduled.



# 7. Recognizing our Raymond Taavel Birthday Party

Last June, the Elderberries had a picnic in Friends of Raymond Taavel Park to celebrate what would have been Raymond Taavel's 60th birthday. In September, Lisa Lachance, MLA for Halifax Citadel-Sable Island, recognized us for that in the Legislature. This month, the Elderberries got the certificate for that!

Click here to see a full size scan.



# 8. Upcoming LGBT Events

You can find all local LGBT Events in one place at: <a href="https://gay.hfxns.org/LocalEvents">https://gay.hfxns.org/LocalEvents</a>

Or google "gay halifax events"

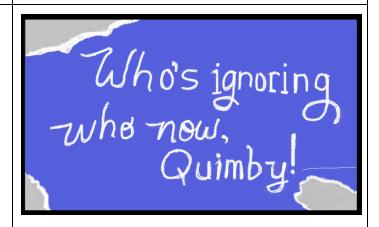
Wayves Magazine publishes the big list of Pride celebrations in Atlantic Canada. Head over to wayves.ca and click the first button, [Prides].

#### 9. Members Notices

Broadcast your news! If you have an announcement about a birth, a Graduation, moving, wedding, of you, your partner, kids, your grandkids etc, just <Reply> with them, or send them to

AtlanticCanadaElderberries@gmail.com





# 10. Elderberries Mugs For You!

Need a cosy gift? Elderberries mugs are perfect.

On the back is the grey pride ribbon and the words: We are old. We are tired. We can get away with things. So... don't piss us off!

The price is \$15.00; you can get one at our events or we can mail one to you.



### 11. About The Elderberries

The Elderberries is the social, educational, and activism group for LGBT Elders in Atlantic Canada. To join the Society and the mailing list, send an email to <a href="mailto:AtlanticCanadaElderberries@gmail.com">AtlanticCanadaElderberries@gmail.com</a> • We have a Facebook group too! Join the Facebook Group, "NSElderberries" • To be removed from this mailing list, just <Reply> with the word "Unsubscribe".

