

Celebrating 15 Years of Elderberries - 2010 - 2025

May 2025 Newsletter

1. May 11 Salon
2. April 27th salon
3. April 13th Salon
4. Isolation Time History Work
5. Upcoming LGBT Events
6. Members Notices
7. Elderberries mugs for sale
8. About the Elderberries



1.May 11th Salon

When: Sunday May 11th, 1 PM - 3 PM

Where: 2630 Gottingen St.Halifax

What: Advocating for Trans rights

South of the border, executive orders (some being challenged by the courts) have peeled away trans and gay person's rights to serve in the military. Gender affirming care for youth has been banned in several states. Books by gay and black authors have been removed from many schools. 49 out of 50 states are considering laws limiting the rights of gay and trans individuals.

Some of these laws have already passed. Will this trend pass to Canada? Or is it already here?

The International Day against Homophobia, Biphobia and Transphobia is May 17th. We are marking it in advance with a talk by Mica Daurie, founder of Transgender/Non-Binary Rights Advocacy NS.



This local consulting and educational firm is also concerned with helping queer people stand up for our rights. Join us for insights into the need for Trans advocacy here and now. Venus Envy bookseller Marshall Heywood will emcee this free program.

2. April 27th Salon

Kaitlin Drury explained and demonstrated how to use and practice Chair Yoga for stretching and flexibility. She also mentioned specific types of yoga, techniques for breathing and specific goals. With some precautions and advice for beginners.



3. April 13th Salon

Anthea Tlgaard gave a walk through discourse, with a slideshow all about how to register and vote in the federal election.

Then she gave a presentation about doing folk art crafts. And what's required to make a folk art business like Salt Spray Design profitable. Finding materials to use, work schedules, vendors and marketing.



4. Isolation Time Homework

From Dan MacKay, Provincial Queer Archivist

This is a great time to launch, or to continue working on your personal history! If you'd like to write your story, long or short, and you want some coaching, or would like to talk about the publishing process, or to set up downsizing your archival materials to the Provincial Queer Archives, email me at

daniel.mackay@dal.ca



5. Upcoming LGBT Events

You can find all local LGBT Events in one place at:

<https://gay.hfxns.org/LocalEvents>

Or google “gay halifax events”

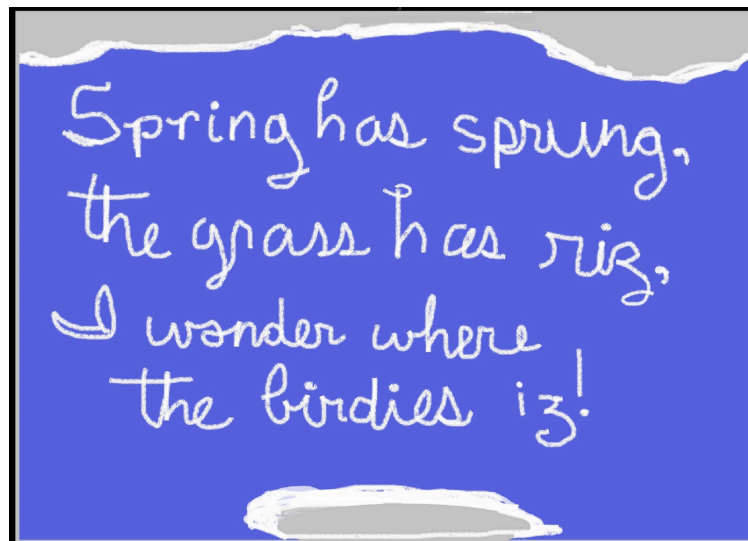
Wayves Magazine publishes the big list of Pride celebrations in Atlantic Canada. Head over to wayves.ca and click the first button, [Prides].



6. Members Notices

Broadcast your news! If you have an announcement about a birth, a Graduation, moving, wedding, of you, your partner, kids, your grandkids etc, just <Reply> with them, or send them to

AtlanticCanadaElderberries@gmail.com



7. Elderberries Mugs For You!

Need a cosy gift? Elderberries mugs are perfect.

On the back is the grey pride ribbon and the words: We are old. We are tired. We can get away with things. So... don't piss us off! The price is \$15.00; you can get one at our events or we can mail one to you.



8. About The Elderberries

The Elderberries is the social, educational, and activism group for LGBT Elders in Atlantic Canada. To join the Society and the mailing list, send an email to

AtlanticCanadaElderberries@gmail.com • We have a Facebook group too! Join the Facebook Group, "NSElderberries" • To be removed from this mailing list, just <Reply> with the word "Unsubscribe".

