

Celebrating 15 Years of Elderberries - 2010 - 2025
June 2025 Newsletter

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1 June 8: Board Game Night

Where: Rumours Halifax: 1668 Lower Water St.

When: 5 pm until ???

What: Rumours has darts, pinball, arcade games, and you are welcome to bring your own! There's no cover charge. Rumours will have alcoholic and non-alcoholic beverages for us, and Gerald said he'll make popcorn for us, and sounded very happy we'll be there!



2. June 22nd Salon

What is it : a talk by Heather Perkins, of Toastmasters

When : Sunday, June 22, 2025 : 12:00 to 3:00 pm. Please note early start time.

Where : Northwood Adult Day Space, 2630 Gottingen Street, Halifax

If called on to speak in public, do you start to sweat? Tremble? Feel your heartbeat racing?

You're not alone. Over seventy percent of people have anxiety about public speaking. But many members of our Speakers' Bureau have overcome it. So can you.

In this time of creeping homophobia and transphobia we need elders who can speak out both about the Bad Old Days, and about the current struggles of the 2SLGBTQ+ community.

Anxious Elderberries and friends are invited to join us for an Elderberries Salon on Sunday June 22 at Northwood Adult Day Space, 2630 Gottingen Street, at 1:00 pm. Heather Perkins,



a woman so keen on public speaking that she belongs to three Toastmasters Clubs, will tell us about “Overcoming your fear of public speaking.”

This free talk is brought to you by the Elderberries Speakers’ Bureau, who are eager to meet both experienced and newly inspired people. But you don’t have to join the Speakers’ Bureau to take part – this event is open to all.

Joseph Sciarocco, a television producer with the new local 2SLGBTQ+ related program Out East will also be with us, interviewing for an episode on Elderberries to be shown in the fall. Seats out of camera range will be available for those not ready for prime time. Please note our early start, to accommodate filming.

Coffee and tea provided : potluck finger food refreshments very welcome.

3. May 11th Salon

Emcee Marshall Hayward of Venus Envy introduced Mica Daurie to discuss advocating for trans rights.

Mica spoke about growing concerns over challenges to trans folks’ rights. She debunked false accusations about adolescents forced to transition and rape accusations, using statistics. In free discussion, the fear of and reluctance to be socially visible were discussed. She claimed that attacking trans rights is a litmus test before dismantling queer rights.



4. Isolation Time Homework

From Dan MacKay, Provincial Queer Archivist

This is a great time to launch, or to continue working on your personal history! If you'd like to write your story, long or short, and you want some coaching, or would like to talk about the publishing process, or to set up downsizing your archival materials to the Provincial Queer Archives, email me at

daniel.mackay@dal.ca



5. Upcoming LGBT Events

You can find all local LGBT Events in one place at:

<https://gay.hfxns.org/LocalEvents>

Or google “gay halifax events”

Wayves Magazine publishes the big list of Pride celebrations in Atlantic Canada. Head over to wayves.ca and click the first button, [Prides].



6. Members Notices

Broadcast your news! If you have an announcement about a birth, a graduation, moving, wedding, yours other significant other's just <REPLY> with them or send them to

AtlanticCanadaElderberries@gmail.com



7. Elderberries Mugs For You!

Need a cosy gift? Elderberries mugs are perfect.

On the back is the grey pride ribbon and the words: We are old. We are tired. We can get away with things. So... don't piss us off! The price is \$15.00; you can get one at our events or we can mail one to you.



8. About The Elderberries

The Elderberries is the social, educational, and activism group for LGBT Elders in Atlantic Canada. To join the Society and the mailing list, send an email to

AtlanticCanadaElderberries@gmail.com • We have a Facebook group too! Join the Facebook Group, “NSElderberries” • To be removed from this mailing list, just <Reply> with the word “Unsubscribe”.

