

# September 2025 Newsletter

*Celebrating 15 Years of Elderberries - 2010 - 2025*

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## 1. September 14th: Picnic at Point Pleasant Park

**When:** Sunday, September 14, 1:00pm - 4pm

**Where:** Point Pleasant Park LOWER parking lot (see map)

**What:** Potluck picnic. Some eats and drinks will be provided. Bring a folding chair or a mat, food and drink you like and like to share.

## Black Rock Beach, Pt. Pleasant Park Hfx.



## 2. September 28th Salon

**Where:** 2630 Gottingen Adult Day Space

**When:** 1 PM to 3 PM

**Who:** Author and musician Andrea Currie

**What:** A potluck with finger food provided  
Adrea Currie, the author of *Finding Otipemisiwak: the People Who Own Themselves*, was only eight months old when the infamous Sixties Scoop removed her from her home. She was adopted into a Winnipeg settler family, and knew nothing of her original family or cultural origins until her mid-thirties, when she found her birth mother and connected with her mother's people, the Metis.  
By then Andrea lived in Nova Scotia, and was well known for singing with the legendary quartet *Four the Moment*.



## 3. August 28th Speakers Bureau and Social

On August 28, a social was held for both experienced and newly joining members of the Speakers' Bureau.

The purpose was both for new Speakers to review their role, and for future team members to become acquainted outside the school setting where most of our invitations originate.

Guest speaker Heather Perkins from Toastmasters talked about dealing with difficult or hostile questions, experienced members of the group chiming in with examples.

Pros and cons of "trigger warnings" were raised. Elderberries used these for several years, but recent research suggests they may do as much harm as good. This issue may need further examination.

Speakers enjoyed this event, but none of the hoped-for influx of new members appeared. Chair Nathan Elling, a retired



caterer, prepared a fine spread of internationally inspired refreshments, many ingredients harvested from his own garden. Thanks to volunteer Dave LeBlanc for his assistance.

## 4. Upcoming LGBT Events

You can find all local LGBT Events in one place at:

<https://gay.hfxns.org/LocalEvents>

Or google “gay halifax events”

Wayves Magazine publishes the big list of Pride celebrations in Atlantic Canada. Head over to [wayves.ca](http://wayves.ca) and click the first button, [Prides].



## 5. Members Notices

Broadcast your news! If you have an announcement about a birth, a graduation, moving, wedding, yours other significant other's just <REPLY> with them or send them to

[AtlanticCanadaElderberries@gmail.com](mailto:AtlanticCanadaElderberries@gmail.com)



## 6. Elderberries Mugs For You!

Need a cosy gift? Elderberries mugs are perfect.

On the back is the grey pride ribbon and the words: We are old. We are tired. We can get away with things. So... don't piss us off!

The price is \$15.00; you can get one at our events or we can mail one to you.





## 7. About The Elderberries

The Elderberries is the social, educational, and activism group for LGBT Elders in Atlantic Canada. To join the Society and the mailing list, send an email to [AtlanticCanadaElderberries@gmail.com](mailto:AtlanticCanadaElderberries@gmail.com) •

We

have a Facebook group too! Join the Facebook Group, “NSElderberries” • To be removed from this mailing list, just <Reply> with the word “Unsubscribe”.

