

11 March 2026

RE: Support for Dr. Low & Gutman's *Capturing and addressing 2S/ LGBTQI+ ageism: A tool and measurement project for effective and efficient countermeasures.*



Dear Canadian Institutes for Health Research:

The Elderberries Society of Nova Scotia is very happy to support the above project for several reasons. First, we are dedicated to raising awareness about and improving the social, psychological, and physical health of 2SLGBTQIA+ seniors. Second, ageism can impact a person's mental health, especially in later life, but is poorly understood within 2SLGBTQIA+ communities. This project will help us change that. Third, service providers and volunteers working with our members need to recognize how ageism may affect their clients.

The Elderberries Society of Nova Scotia is a nonprofit society of 2SLGBTQIA+ seniors and allies founded in 2010 to meet the needs of senior Q communities. Depending on how you count, we have somewhere between 600 and 1000 members; our members are 50 and older, the same age range as in this project.

We do not have an accurate and dependable tool to detect ageism and its health impacts upon 2SLGBTQIA+ seniors. We want to start safe conversations about ageism with our members and advocates and work together with them to combat ageism, with the right tool. This project's focus groups will provide a safe space to get us to talk about ageism and its health impacts,

Government reports call for documenting ageism and its health impacts among 2SLGBTQIA+ seniors and this research will provide that data.

The Elderberries have a history of supporting and participating in research. We have collaborated with local researchers as well as participated in national projects involving focus groups and town hall meetings. Notable among these was one led by Drs. Brian de Vries and Gloria Gutman entitled *Fostering end-of-life conversations, community and care among GLBT older adults* and was funded by the Catalyst Research Grant Program, Technology Evaluation in the Elderly NCE, and ran from April, 2014-March, 2016 (\$100,000).

We strongly solicit CIHR-IA financial support for this currently proposed valuable research.

Here's what we can provide:

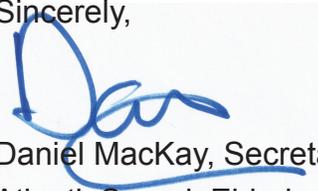
- In-kind support: Help/mechanisms in place to facilitate dissemination of information.
- We will bring the research team together with our some of our members to talk about how best to conduct the proposed focus groups, their findings, and how to best share these findings.
- We will participate in planning a workshop of organizations which support senior Q

communities in Halifax. These providers can also help us get talking with decision-makers responsible for the delivery of services.

- We will provide feedback to the research team on their methodology and findings and share these with our 600-1000 members;
- We will disseminate invitations to participate in the focus groups, including relevant service providers which are known to us.

We agree that the goals of this grant application fit with the vision and mission of The Elderberries.

Sincerely,



Daniel MacKay, Secretary, Elderberries Society of Nova Scotia  
AtlanticCanadaElderberries@gmail.com

3247 Union St,  
Halifax, Nova Scotia,  
B3K 5H2



Appl. # 585455

### Partnership Details

**Applicant**

Last Name **Low**

First Names **Gail**

Title  
Capturing and addressing 2S/LGBTQI+ ageism: A tool and measurement project for effective and efficient counter-measures.

**Partner Details**

Name of Partner **The ElderBerries of Atlantic Canada**

Acronym Name of Partner (if applicable)

Contact Last Name

**MacKay**

Contact First Names

**Daniel**

Telephone

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Full Mailing Address

**3247 Union St  
Halifax, NS  
B3K 5H2**

Fax

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**gay.hfxns.org/Elderberries**

Expected Period of Support : 3 Year(s) 5 Month(s)

	Partner Contribution	
	Cash	In-Kind
Year 1		
Year 2		
Year 3		
Year 4		
Year 5		
<b>TOTAL</b>	<b>\$0</b>	<b>\$0</b>
<b>Total Cash + In-Kind =</b>	<b>\$0</b>	

Non - Leveraged Contribution (if applicable)	
Year 1	\$500
Year 2	\$500
Year 3	\$1000
Year 4	\$150
Year 5	
<b>TOTAL</b>	<b>\$2150</b>
<b>Total Non-Leveraged =</b>	<b>\$2150</b>

**Signature of Responsible Partner Officer:**

The responsible Partner Officer has the authority to bind the Partner to the final support of the grant and/or award.

Surname	Given Name(s)	Title
MacKay	Daniel	Secretary
Date	Signature 	
2026-03-11		